

FREE SKATING HOLIDAY TRAINING WORKSHOP **JANUARY 2021**

WHEN: Saturday January 9th & Sunday January 10th (2 days)

WHERE: Lynmore School Gym

TIME: 10.30am to 3pm

COST: \$50 includes rink rental & Coaching

DETAILS: Maximum 15 skaters

Content

- Single Jumps, Axle, Beginning double jumps,
- Upright spins, sit and Camel spins
- Rollart Basic footwork to Level 1

Other Information

Please register your interest as soon as possible, we may also run a couple of fun events during this time. FOR ENROLMENT OR MORE INFORMATION PLEASE EMAIL:

rotoruaskate@hotmail.com

ADVANCED
FREE SKATING HOLIDAY TRAINING WORKSHOP
JANUARY 2021

WHEN: Tuesday January 5th to Friday January 8th (4days)

WHERE: Lynmore School Gym

TIME: 10.30am to 3pm

COST: \$100 includes rink rental & Coaching

DETAILS: Maximum 15 skaters, Open to skaters from all clubs

Content

- Axel, Double jumps, double Axle, Jump combinations
- Camel, Sit spins, and difficult variations
- Rollart required footwork Level one and above.

Other Information

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